



GLUTEN-FREE MENU

Please advise your server of any dietary restrictions/allergens

FEATURED STARTERS

BUFFALO CHICKEN DIP 12
Diced Grilled Chicken, Sharp Cheddar, Cream Cheese, Blue Cheese Crumbles, Crisp Chunks of Celery, Green Onion, Circle 7 Ranch Sour Cream, and Circle 7 Buffalo Sauce--Served with Carrots and Celery.

1LB. TRADITIONAL GRILLED MEMPHIS WINGS 13.5
Served with Your Choice of Ranch or Blue Cheese.

SPINACH ARTICHOKE DIP 12
Perfectly Blended Spinach, Artichoke, Cream Cheese, Garlic, Monterey Jack and Parmesan, Garnished with Crushed Red Pepper Flakes- Served with Carrots and Celery.

CIRCLE 7 SNACKS

All Circle 7 snacks are offered at \$7 during Happy Hour

GRILLED CHICKEN SKEWERS11.5
Six Marinated and Grilled Chicken Skewers - Served with Your Choice of any Two Dipping Sauces.

GLUTEN FREE TORTILLA CHIPS 2

FOR GRAZING

***Dressings:** Circle 7 Ranch, Honey Mustard, 1000 Island, Caesar, Blue Cheese, French, Italian, Citrus Vinaigrette, Balsamic Vinaigrette, Sesame Vinaigrette, Chipotle Ranch, and Green Goddess.*

ADD PROTEIN
Grilled Chicken 5, Shrimp 5, Impossible Burger 5, Salmon 8

AVOCADO MANGO SHRIMP SALAD 15
Spinach, Blackened Shrimp, Avocado, Grilled Mango, Pineapple Relish, Spiced Corn, Monterey Jack, Tossed in Citrus Vinaigrette.

OUR COBB SALAD..... 15
Our House Lettuce Blend, Grilled Chicken, Bacon, Blue Cheese Crumbles, Black Bean Corn Salsa, Hard Boiled Egg, Avocado, Tomato, Red Onion, Monterey Jack, and Cheddar.

STEAK FAJITA SALAD..... 15.5
Our House Lettuce Blend, Carne Asada, Onions and Peppers, Black Bean Corn Salsa, Monterey Jack, Tortilla Strings, Served with Baja Ranch.

SUNFLOWER CRUNCH SALAD 11
Chopped Kale, Leaf Lettuce, Green Cabbage, Red Cabbage, Green Onion, and Carrots -Tossed in Green Goddess Dressing and Topped with Bacon, Sunflower Seeds, and Blue Cheese.

GRANNY SMITH SALAD 11
Fresh Spinach with Granny Smith Apple Straws, Dried Cranberries, Candied Walnuts, and Blue Cheese Crumbles- Served with Balsamic Vinaigrette.

BAJA SALAD 11
Our House Lettuce Blend, Black Bean Corn Salsa, Monterey Jack, Tortilla Strings, Served with Baja Ranch.

CAESAR SALAD..... 9
Romaine Lettuce, Parmesan, and Croutons- Tossed in Caesar Dressing.

C7R WEDGE..... 9
Iceberg Wedge Topped with Blue Cheese Crumbles, Bacon, Cherry Tomato, Cucumber, Red Onion, Balsamic Glaze and Blue Cheese Dressing.

HOUSE SALAD 8.5
Our House Lettuce Blend, Cucumber, Tomato, Red Onion, Monterey Jack, Cheddar, and Croutons.

BETWEEN THE BUNS

**All Gluten Free burgers are cooked to medium, served on a gluten free bun, with your choice of side.*

Add Your Favorite Cheese for \$1: American, Cheddar, Monterey Jack, Pepper Jack, Swiss, Provel, Blue, Queso Blanco

CLASSIC 12
Two Circle 7 Signature Patties, with Lettuce, Tomato and Onion.

#25 14
Two Circle 7 Signature Patties, Secret Sauce, 2 Layers of American, Pickles, Shredded Lettuce, and Diced Onion.

SOUTHWEST BURGER..... 15
Two Circle 7 Signature Patties, Pepper Jack, Grilled Jalapenos, Bacon, Avocado, and Chipotle Mayo.

EL BORRACHO 14.5
Two Circle 7 Signature Patties, Queso Blanco, Candied Jalapenos, and Bacon.

B2C2..... 13
Two Circle 7 Signature Patties, 2 Layers of Bacon and Cheddar.

RISE 'N' SHINE 14
Two Circle 7 Signature Patties, Fried Egg, Bacon, and 2 Layers of American.

TURKEY BURGER 14.5
Handmade Fresh Ground Turkey Patty, Pepper Jack, Avocado, Lettuce, Tomato, and Red Onion.

FRISCO MELT 15
Two Certified Angus Beef Patties, 1000 Island, American, and Swiss.

CALIFORNIA CHICKEN SALAD SANDWICH..... 14
Braised Shredded Chicken Breast, Candied walnuts, Red Grapes, Carrots, Celery, Honey, Mayo, Lettuce and Tomato.

THE NOLA 16
Our Po'Boy Loaded with Andouille Sausage, Blackened Shrimp, Pepper Jack, Remoulade Sauce, Sautéed Red Bell Peppers and Onions.

FRENCH DIP 15
Thinly Sliced Top Sirloin, Swiss, Caramelized Onions, Sautéed Mushrooms, and Guinness Au Jus.

PLATES

PAN SEARED ZESTY LEMON PEPPER MAHI 18
6oz Lemon Pepper Mahi, Served over Rice Pilaf- Served With Our Vegetable of the Day.

GARLIC HERB BUTTER SIRLOIN 24
8oz Certified Angus Sirloin finished with a Garlic Herb Butter- Served with Your Choice of Side and House Salad.

GRILLED CHICKEN..... 15
Grilled Chicken Breast with Citrus Vinaigrette- Served with Rice Pilaf and Our Vegetable of the Day.

GRILLED SHRIMP SKEWERS..... 15.5
Ten Grilled Shrimp with Citrus Vinaigrette- Served with Rice Pilaf and Our Vegetable of the Day

FAJITA RICE BOWL 13
Mexican Rice, Avocado, Black Bean Corn Salsa, Queso Blanco and Sautéed Red Pepper and Onions- Served with Salsa Fresca.
Add Grilled Chicken 5, Shrimp 5, Impossible Burger 5, Carne Asada 5, Salmon 8

FOR THE KIDS (10 and under)

All Burgers and Sandwiches are served with a choice of Baked Beans, Cole Slaw, Apple Sauce and on Gluten Free Bread

A+ BURGER 9.5

CHEESEBURGER..... 10.5

GRILLED CHICKEN SANDWICH 9.5

DESSERT

CHOCOLATE TART 7
Rich, Gluten-Free Chocolate Tart, Comes with a Scoop of Ice Cream and a Raspberry Reduction.

ON THE SIDE 4

Burgers, Wraps, Sandwiches, and Kids' Meals are Offered with a Choice of:

BAKED BEANS

COLE SLAW

SEASONAL FRUIT

APPLE SAUCE

PREMIUM SIDES 5

\$3 SUBSTITUTION

VEGETABLE OF THE DAY

MEXICAN STREET CORN (OFF THE COB)

SMASHED POTATOES

TWICE BAKED POTATO

SIDE SALAD

TACOS ALL TACOS 15.50

All Tacos Served with Refried Beans and Mexican Rice or Mexican Street Corn (off the cob) and Salsa Fresca. Add Avocado to Your Tacos for 1.5

CARNE ASADA TACOS
Carne Asada, Sautéed Jalapenos, Red Bell Peppers, and Onion, topped with Cotija Cheese- Served in Three Soft Corn Tortillas.

CHIPOTLE LIME MAHI TACOS
Spiced Grilled Mahi, Red Cabbage, Salsacado, Queso Cotija, and Chipotle Lime Dressing- Served in Three Soft Corn Tortillas.

CHICKEN FAJITA TACOS
Marinated Chicken, Sautéed Jalapenos, Red Bell Peppers, and Onion, topped with Cotija Cheese- Served in Three Soft Corn Tortillas.

FISH TACOS
Three Blackened Tilapia Tacos Topped with Fresh Slaw Tossed in Cilantro Lime Vinaigrette- Served in Three Soft Corn Tortillas.

IMPOSSIBLE TACOS
Vegan Friendly Taco with Impossible Burger, Lettuce, Black Bean Corn Salsa, Cilantro, and Onion- Served in Three Soft Corn Tortillas.